

# NSC First Aid, CPR, and AED



**Days:** ¾ Day

**Audience:** This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements.

**Description:** This course combines basic First Aid and CPR skills, instruction, and practice with an AED. It is intended to provide training for individuals who want to learn basic CPR, First AID, and AED Skills, as well as acquire a 2 year NSC certification.

## OUTLINE:

### COURSE INTRODUCTION

### LESSON 1: ACTING IN AN EMERGENCY

### LESSON 2: PREVENTING DISEASE TRANSMISSION

### LESSON 3: CHECK THE VICTIM

### LESSON 4: RECOVERY POSITION

### LESSON 5: BLEEDING AND WOUND CARE

### LESSON 6: SHOCK

### LESSON 7: BURNS

### LESSON 8: BONE, JOINT, AND MUSCLE INJURIES

### LESSON 9: HEAD AND SPINE INJURIES

### LESSON 10: SUDDEN ILLNESS

### LESSON 11: POISONING AND ALLERGIC REACTIONS

### LESSON 12: COLD AND HEAT EMERGENCIES

### LESSON 13: RESCUING AND MOVING VICTIMS

### LESSON 14: CPR AND AED

### LESSON 15: CHOKING